

Author: RaeShawn Cannon  
Category: Self-Help

# Media Kit

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# Author / Speaker Bio

RaeShawn Cannon is an author, speaker and life strategist. She is the go-to woman for individuals looking for clarity and purpose as they go through lifes' transitions and experiences.

She serves as a trusted guide specifically in the areas of spiritual growth and development, personal growth and development, Transitional/Divorce Recovery, Emotional Empowerment and Leadership.

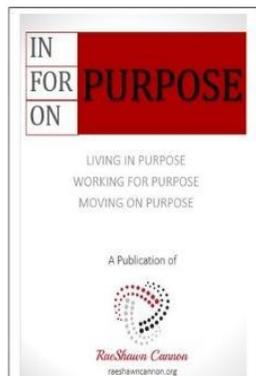
Her goal is to partner with individuals in defining, developing and delivering their best life.



RaeShawn Cannon

# Speaker Topics

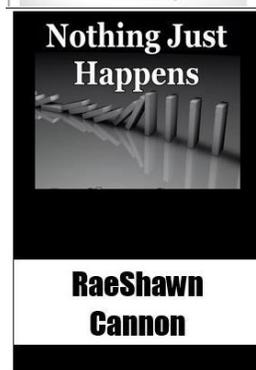
## Spiritual Growth and Development



## In Purpose, For Purpose, On Purpose

Purpose is the driving force behind all that we are. This presentation offers inspiration and encouragement to those who are ready to live out their life's purpose on purpose.

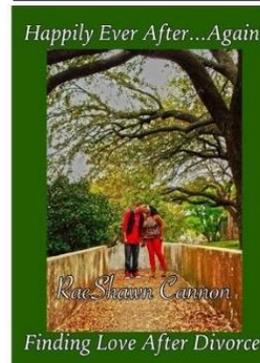
## Personal Growth and Development



## Nothing Just Happens

Life doesn't just happen, life responds to you! This presentation is designed to teach the listening audience how to shift their paradigm to no longer become victims of circumstances, but dictators of the role that unexpected circumstances will play in advancing and progressing their life.

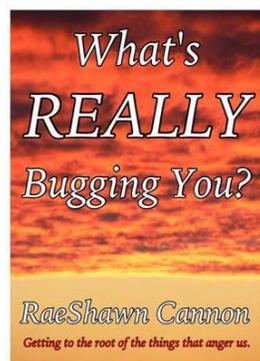
## Transitional and Divorce Recovery



## Happily Ever After...Again

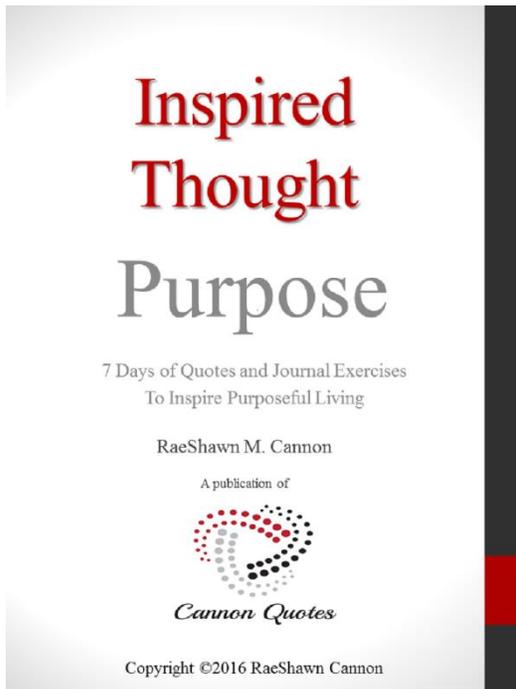
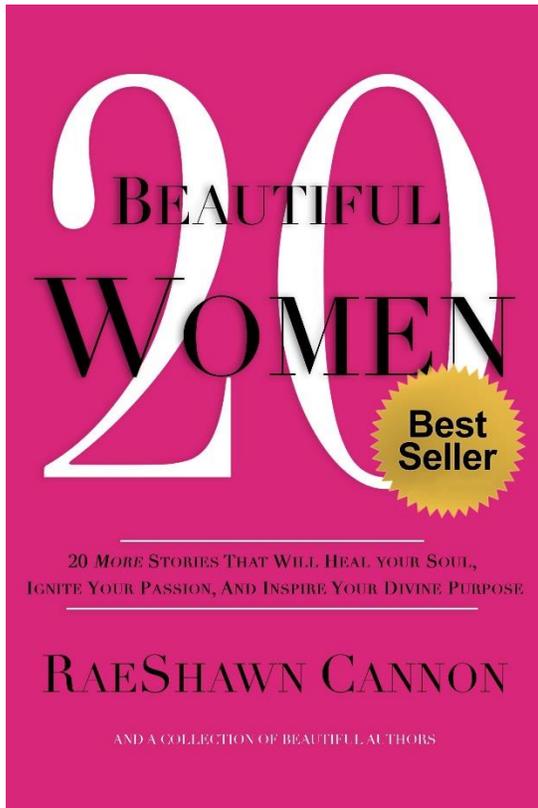
You vowed "til death, do you part, but you now find yourself Single...Again and wondering if you will ever trust or love again. This presentation can be tailored to meet the needs of your event as a small group discussion, seminar or keynote address as it gives practical steps to handle those transitional moments from Single Again, to Dating Again, to Happily Ever After...Again.

## Emotional Empowerment



## What's REALLY Bugging You?

We all have things in life that annoy us. Unchecked annoyances, leads to aggravation, with leads to frustration and ultimately anger. This presentation teaches the individual how to Respond versus React and Attack the Problem, Not the Person. These are practical solutions that will help to peel back the layers, and determine what is really bugging you. You will then be able to effectively advance in your career, resolve family conflict, develop solid relationships and many other areas that require strong Interpersonal Skills.



# Book Bio

## 20 Beautiful Women

20 More Stories That Will Heal Your Soul, Ignite Your Passion, And Inspire Your Divine Purpose” Volume 4 is a collection of personal short stories from 20 authors, speakers and life coaches bonding together for the common goal of sisterhood, and to transform women from the inside out.

## Inspired Thought: Purpose

Everything begins with a thought. A thought dwelt on long enough produces words. Words produce the energy that makes your thoughts become your actions. Actions performed long enough become your habits that defines your character.

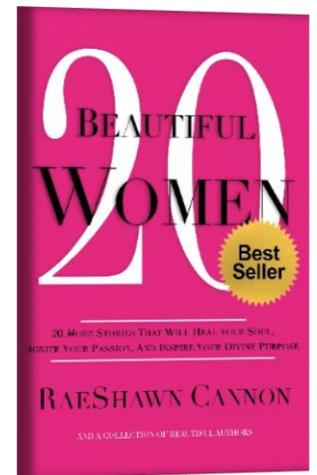
This book is designed to give readers a 7 day jumpstart to discovering their purpose through personal positive quotes, reflections and journal exercises. It will inspire and motivate you as you define, develop and deliver you best life.

# Book Excerpts

## 20 Beautiful Women

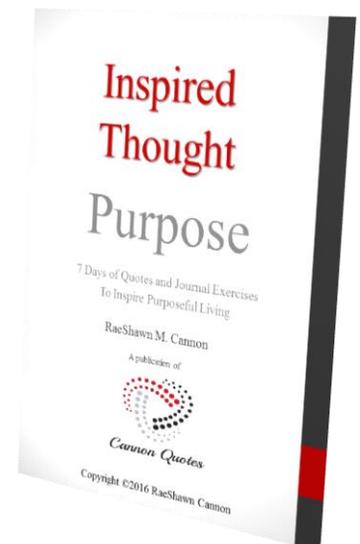
I AM BEAUTIFUL! It took me more than thirty years to say that out loud for fear that you would not agree...”

I'll never forget a time I had totally relinquished my insecurity. Someone told me that my scar was beautiful. I politely said thanks, but I thought clearly he's delusional. How can a scar beautiful? It was then when I had the revelation of my life. My scar had a story to tell, but for years, my insecurities shouted volumes above it. The story my scar told was one of a woman who learned to smile through adversity knowing that better days would come. The scar told the story of a women who learned a lesson in true forgiveness and was able to rekindle the lost relationship with her former best friend. She has now witnessed one of the most rewarding and genuine friendships ever experienced.



## Inspired Thought: Purpose

“Many of us have great potential, and there is so much in us that begs to come forth. The undying need for us to accomplish the purpose for which we were put on this earth eats at us. It invades our dreams, and grips our hearts. It begs for us to take action...You must take action!”



# TESTIMONIALS

“This is a woman who wears many hats, and does everything so gracefully! RaeShawn has motivated, inspired, donated, prayed, the list goes on and on for, not only myself, but different programs I’m involved in. She provides great customer service and leaves lasting impressions with anyone who crosses her path. Mrs. Cannon is a phenomenal woman of God and I know God has so much in store for her..” - **Marlon Bell**

“Refreshing Speaker, Author, Minister, Teacher with many other hats and qualities! I really enjoy how she teaches biblical realness and how it applies to our lives. #Touching #Anointed #WOG #Recommended.” - **Penola Thompson**

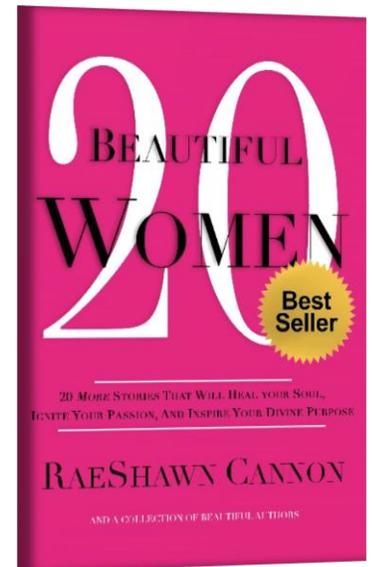
“Very inspirational! Encouraging, motivational, funny, wise and overall awesome. Such a wonderful, creative and authentic author. Speaking truth, giving advice, and being honest about real issues and real life. Such a blessing – **Daphne Fletcher**

“There aren’t many people that move me. I’ll have to be honest...in this day and age of social media and create the life you want people to believe...most times it can be far away from the truth. However, you run across someone who have a genuine gift of touching lives, empowering women all while speaking truth and teaching biblical principles from the heart. She’s amazing, one of a kind, a dynamic speaker and an audience game changer.” – **Tara L. Paige**

“Your words and work are eloquent and excellent. Thank you for sharing your passion and your hear with us so our dreams and aspirations can flourish the more. You have motivated me more than you know.” **Zerita Hall**

“Inspiring, motivating and encouraging!!! Keep impacting lives in a positive manner! Proud of the moves you are making and honored to call you friend.” **James Dunn**

“I love Cannon Quotes! Some make you dig dep into thought as you dissect and pull motivation from each word, while others ump right out at you as a reminder about your path and purpose in life. No matter how they’re constructed, I am always left inspired.” **Toni Bowman**



# DOWNLOADABLE PHOTOS

I appreciate requests for photographs for press use. Email and let us know where you post your article so we can link to it. -Thank you.



# Connect With RaeShawn

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